

FIT LAUNCH FITNESS BOOTCAMP

YOU NEVER FAIL UNLESS YOU GIVE UP!

Give 100% and get ALL of the results you want.

IN-DOOR and OUT-DOOR CAMPS!

Small Group Trainings in our Snohomish Studio or outdoor camps along the Centennial Trail.

PICK YOUR STYLE!

Core camp, Exotic camp
Total body, Intensity
Mind/Body + more



FUN WITH FRIENDS!

Our Fitness Gatherings Camps will challenge and push you to achieve the results you want... Contact us for private, corporate and personal small group options.

INSTRUCTOR TRAINER: Amy Bomar, BS, CPT

SCHEDULE: <http://fitnessgatherings.com/bootcamp.htm>

EMAIL – abomar@fitnessgatherings.com

OFFICE - 360-568-7448

Camps are limited in participant number. Specials are listed on website. Prices vary depending upon camp selection.



**Sign up soon to reserve your spot
DON'T MISS OUT!**